



## LUNCH MENU      SEPTEMBER 2026

### ST. VINCENT DE PAUL SCHOOL CAFETERIA

923 18th Street, Bedford, IN 47421, 812-279-2540 ext. 314

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

|    |                                                                                                                                                               |                                                                                                                                                                                                             |                                                                                                                                                        |                                                                                                                                                                  |                                                                                                                                                                                              |      |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
|    | 8/31<br>Chicken Nuggets<br>Tater tots<br>Broccoli<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Pizza Entrée<br><br><b>NO SALAD BAR</b>       | 9/1<br>Beef Tacos<br>Meat & Cheese<br>Soft Tortilla<br>Corn chips<br>Chili Beans<br>Lettuce, tomatoes & Salsa<br>Fruit & Milk<br><br>Gr. 4 through 8 Optional<br>Choice: Seconds<br><br><b>NO SALAD BAR</b> | 9/2<br>Cheese Pizza<br>Green Beans<br>Baby Carrots<br>Fruit & Milk<br><br><b>NO SALAD BAR</b>                                                          | 9/3 <b>CYO CAMP</b><br>Cheeseburger on bun<br>French Fries<br>Fruit & Milk<br><br><b>NO SALAD BAR or<br/>BAKED<br/>POTATOES</b>                                  | 9/4 <b>CYO CAMP</b><br>Hot Dog on a bun<br>Corn<br>Baby Carrots<br>Fruit & Milk<br><br><b>NO SALAD BAR</b>                                                                                   | 9/5  |
| 6  | 7<br><b>LABOR DAY<br/>HOLIDAY</b><br><br><b>NO SCHOOL</b>                                                                                                     | 8<br>Taco Salad<br>Meat & Cheese<br>Re-fried beans<br>Lettuce, Tomatoes &<br>Salsa<br>Corn Chips<br>Fruit & Milk<br><br>Gr. 4 through 8 Optional<br>Choice: Seconds<br><b>NO SALAD BAR</b>                  | 9<br>Chicken & Noodles<br>Peas<br>Baby Carrots<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Seconds or Salad Bar                      | 10<br>Corn Dog<br>Green Beans<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choices:<br>Seconds or Baked<br>Potato or Salad Bar                             | 11<br>Pulled Pork BBQ<br>On a bun<br>Broccoli<br>Celery Sticks<br>Fruit & Milk<br>Ice Cream<br><br>Gr. 4 through 8<br>Optional Choices:<br>Seconds or Salad Bar                              | 12   |
| 13 | 14<br>Chicken Patty on bun<br>Celery Sticks<br>Broccoli<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Pizza Entrée<br><br><b>NO SALAD BAR</b> | 15<br>Beef Tacos<br>Meat & Cheese<br>Soft Tortilla<br>Corn chips<br>Chili Beans<br>Lettuce, tomatoes & Salsa<br>Fruit & Milk<br><br>Gr. 4 through 8 Optional<br>Choice: Seconds or Salad<br>Bar             | 16<br>Macaroni & Cheese<br>Peas<br>Grape Tomatoes<br>Dinner Roll<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Seconds or Salad<br>Bar | 17<br>Hot Dog on a bun<br>French Fries<br>Baby Carrots<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choices:<br>Seconds or Baked<br>Potato or Salad Bar    | 18<br>Grilled Cheese<br>Sandwich<br>Tomato Soup<br>Cucumbers<br>Fruit & Milk<br>Cookie<br><br>Gr. 4 through 8<br>Optional Choice:<br>Seconds or Salad<br>Bar                                 | 19   |
| 20 | 21<br>Chicken Fries<br>Mashed potatoes<br>Broccoli<br>Baby Carrots<br><br>Gr. 4 through 8<br>Optional Choice:<br>Pizza Entrée<br><br><b>NO SALAD BAR</b>      | 22<br>Taco Salad<br>Meat & Cheese<br>Re-fried beans<br>Lettuce, Tomatoes &<br>Salsa<br>Corn Chips<br>Fruit & Milk<br><br>Gr. 4 through 8 Optional<br>Choice: Seconds or Salad<br>Bar                        | 23<br>Spaghetti & Meat<br>Sauce<br>Garlic Bread<br>Green Beans<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Seconds or Salad<br>Bar   | 24<br>Cheeseburger on bun<br>French Fries<br>Baby Carrots<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choices:<br>Seconds or Baked<br>Potato or Salad Bar | 25<br>Fish Sticks<br>Corn<br>Fresh Veggies<br>(Broccoli, Cauliflower,<br>Grape Tomatoes, &<br>Carrots)<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Seconds or Salad<br>Bar | 26   |
| 27 | 28<br>Chicken Nuggets<br>Tater tots<br>Broccoli<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Pizza Entrée<br><br><b>NO SALAD BAR</b>         | 29<br>Beef Tacos<br>Meat & Cheese<br>Soft Tortilla<br>Corn chips<br>Chili Beans<br>Lettuce, tomatoes & Salsa<br>Fruit & Milk<br><br>Gr. 4 through 8 Optional<br>Choice: Seconds or Salad<br>Bar             | 30<br>Pepperoni Pizza<br>Corn<br>Baby Carrots<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choice:<br>Seconds or Salad Bar                       | 10/1<br>Bosco Sticks<br>Corn<br>Baby Carrots<br>Fruit & Milk<br><br>Gr. 4 through 8<br>Optional Choices:<br>Seconds or Baked<br>Potato or Salad Bar              | 10/2<br>Chicken & Noodles<br>Green Beans<br>Dinner Roll<br>Fresh Veggies & Ranch<br>(Carrots, Tomatoes,<br>Cucumbers & Green<br>Peppers)<br>Fruit & Milk                                     | 10/3 |