



## 8 Week Lunch Cycle Menu #1 for August & September thru October 9, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> August 12 -14 (No Salad Bar or Baked Potatoes) September 8 – 11 September 7 Labor Day  October 5 – 9 FALL BREAK 10-12/10-16	Chicken Nuggets Mashed Potatoes Broccoli Fruit Milk	Taco Salad Refried Beans Lettuce & Tomatoes Shredded Cheese Salsa Chips Fruit Milk	Chicken Tetrizzini Green Beans Dinner Roll & Butter Cauliflower & Ranch Fruit Milk	Hamburger & Bun French Fries Grape Tomatoes Oranges Milk  4 <sup>th</sup> through 8 <sup>th</sup> Baked Potato Meal	Corn Dog Baked Beans Fresh Green Peppers & Ranch Fruit Milk Ice Cream
<b>WEEK TWO</b> August 17 -21 (No Salad Bar 8-17) September 14 -18	Chicken Pattie & Bun Cooked Carrots Cauliflower & Ranch Fruit Milk	Chicken Fajitas Soft Tortilla Shell Refried Beans Lettuce & Tomatoes Chips Fruit Milk	Spaghetti & Meat Sauce Breadstick Garden Salad Fruit Milk	Hamburger & Bun Tater Tots Grape Tomatoes Oranges Milk  4 <sup>th</sup> through 8 <sup>th</sup> Baked Potato Meal	Pizza Corn Baby Carrots & Ranch Fruit Milk Cookie
<b>WEEK THREE</b> August 24 -28 September 21 - 25	Chicken Nuggets Mashed Potatoes Broccoli Fruit Milk	Taco Salad Refried Beans Lettuce & Tomatoes Shredded Cheese Salsa Chips Fruit Milk	Ham & Cheese Sub Green Beans Celery Sticks & Ranch Fruit Milk	Hamburger & Bun French Fries Grape Tomatoes Oranges Milk  4 <sup>th</sup> through 8 <sup>th</sup> Baked Potato Meal	Bosco Cheese Sticks & Marinara Sauce Corn Fruit Milk
<b>WEEK FOUR</b> August 31 – Sept 4 September 28 – Oct 2	Chicken Patty & Bun Cooked Carrots Cauliflower & Ranch Fruit Milk	Beef Taco Refried Beans Lettuce & Tomato Shredded Cheese Salsa Chips Fruit Milk	Lasagna Breadstick Garden Salad Fruit Milk Ice Cream	Hamburger & Bun Potato Wedges Grape Tomatoes Oranges Milk  4 <sup>th</sup> through 8 <sup>th</sup> Baked Potato Meal	Turkey & Cheese Sub Sandwich Corn on the Cobb Fresh Green Peppers & Ranch Fruit Milk

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

### BREAKFAST

MONDAY Cereal, Hash Brown, Fruit, Juice & Milk	TUESDAY Maple pancake wrapped sausage, Fruit, Juice & Milk	WEDNESDAY Cereal or Muffin, Fruit, Juice & Milk	THURSDAY Cereal, Sausage or Egg, Fruit, Juice & Milk	FRIDAY French Toast Sticks, Syrup, Fruit, Juice & Milk
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