



## ST. VINCENT DE PAUL SCHOOL CAFETERIA

812-279-2540 Ext. 314

[brewsterp@svsbedford.org](mailto:brewsterp@svsbedford.org)

School Year 2021-2022

Dear Parents,

Welcome to St. Vincent School and our cafeteria! We are committed to serving meals that are nutritious and appetizing, while strictly following the USDA Guidelines. *If your child has a food allergy and requires a substitution, please let us know. You will need to complete a form listing the allergy and approved substitution.*

We serve Breakfast daily in the cafeteria from 7:35 to 7:55. Your child should report to the Early Care room through door number one by 7:35 to be escorted to the cafeteria with Ms. Brewster.

All meals are free again this year.

Both Breakfast and Lunch are “OFFER VS. SERVE”. If preferred, the student may decline two components but must have at least three components of the five components on their tray, one of which should be a vegetable or a fruit. The five components are Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk.

### **Grade 4 and new students in 5, 6, 7 & 8**

Students may select from the hot bar menu or they may opt for our *Salad Bar*.

Fourth Grade and new students will need to complete a Salad Bar Menu Selection Sheet to on August 11, 2021. The order will be on file in the kitchen for future orders starting. **Returning students may order the Salad Bar on August 11, 2021.**

The Salad Bar starts with a basic salad comprised of fresh romaine and iceberg lettuce. The student is **required** to add tomatoes and/or carrots and a Meat/Meat alternative (diced chicken, diced ham, boiled egg [when available] and kidney beans. Shredded cheddar cheese is also available). Many other vegetables are available. Croutons and chips are the daily grains offered along with fruit and milk. **Students are required to order Salad Bar by name on the lunch count in the classroom.**

*On Thursdays only*, we offer the Hot Bar, Salad Bar and *Potato Bar* for Grades 4 through 8. The Potato Bar includes, one baked potato, shredded cheddar cheese, real butter, sour cream, fruit and milk. Grains and a Meat/Meat Alternate are also available. **Students are required to order the Potato Bar by name on the lunch count in the classroom.**

**This institution is an equal opportunity provider**